ASSOCIATES IN HEALTH PSYCHOLOGY

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GENERAL INTAKE FORM

Name: _____ Date: _____ Phone: _____

Okay to Leave voicemail? Y N

Date of Birth: _____ Age: _____ Email: _____

Address: _____ City: _____

State: _____ Zip Code: _____

Emergency Contact: _____ Phone: _____

How did you hear about us? _____

1. Legal Sex: (Please check one) ☐ Male ☐ Female ☐ Intersex

*While Associates in Health Psychology recognizes a number of genders / sexes, many insurance companies and legal entities unfortunately do not. Please be aware that the name and sex you have listed must be used on documents pertaining to **insurance only**. If your name, pronouns, or gender identity are different from these, please let us know in the space below.*

2. To which cultural or ethnic group, if any, do you identify? _____

_____

3. I am currently: ☐ Single ☐ Never Married ☐ Widowed

Please check any that currently apply to you, Even if more than one.

☐ Married for _____ Months / Years
☐ Partnered for _____ Months / Years
☐ Dating for _____ Months / Years
☐ Cohabitating for _____ Months / Years
☐ Separated for _____ Months / Years
☐ Divorced for _____ Months / Years

4. How many children do you have? _____

Please list their age and if they are currently living with you: _____

_____

5. Current Occupation (If retired, what did you do previously)?

_____

Months / Years at current job: _____ Hours Per Week: _____

Do you enjoy your work? ☐ A lot ☐ Moderately ☐ Very Little

Career Goals: _____

6. What brings you to our office today and what outcome do you expect?

_____

_____

_____

_____

_____

_____

7. Please check any behaviors or symptoms that occur more often than you would like them to take place within the past 60 days:

___ Aggression	___ Elevated mood	___ Phobias/fears	___ Alcohol dependence
___ Fatigue	___ Recurring thoughts	___ Anger	___ Gambling
___ Sexual addiction	___Antisocial behavior	___ Hallucinations	___ Sexual difficulties
___Anxiety	___ Heart palpitations	___ Sick often	___ Avoiding people
___ Sleeping issues	___ Chest pain	___ Hopelessness	___ High blood pressure
___ Speech issues	___ Cyber addiction	___ Impulsivity	___ Suicidal thoughts
___ Depression	___ Irritability	___ Trembling	___ Disorientation
___ Judgment errors	___ Loneliness	___ Distractibility	___ Withdrawing
___ Dizziness	___ Worrying	___ Drug Dependence	___ Mood Shifts
___ Eating Disorder	___ Panic Attacks	___ Memory Impairment	
___ Disorganized thoughts		___ Body Image	___ Addictive behaviors

Other (Please specify):_____

8. Have you ever sought counseling services or been under the care of a psychologist or psychiatrist for any reason?

Date	Duration	Type of Clinician	Was it Helpful?

9. What are your present medical diagnoses? Any surgeries in the past?

_____

_____

_____

10. List all your present medications including dosage and how long you have been taking them (you may also bring in a separate list if you have one):

Medication	Dose	Purpose	Since

11. Social History:

Where were you born and raised? _____

Any siblings?_____

Who did you live with during your childhood? Mother Father Siblings Other: _____

How would you define your family relationships? _____

_____

_____

Are there any special, unusual, or traumatic circumstances that affected your development? ____ Yes ____No

If yes, please describe: _____

_____

Are there any immediate family members with a history of psychiatric issues (even if undiagnosed)?

_____

_____

What does your current support system look like (friends, family, etc)? _____

_____

Education Completed: ☐ None, or some elementary ☐ Completed 8th Grade ☐ Some High School

☐ Completed High School or GED ☐ Some College ☐ College Graduate

Typically had? As Bs Cs Ds Fs Did you participate in any sports? _____

Other Training: _____

Special Circumstances (e.g. learning disability, gifted):

_____

Military experience? _____ Yes _____ No Combat experience? _____ Yes _____ No

Branch: _____ Date enlisted: _____

Type of discharge: _____

12. Have you ever been *arrested for any reason*, or are you involved in any active cases? YES NO

Are you currently on probation or parole? _____ Yes _____ No

Criminal involvement: ____ Yes ____ No Civil involvement: ____ Yes ____ No

*If you responded **Yes** to any of the above, please fill in the following information:*

Charges	**Date**	**Were you under the influence at the time?** ***(include BAC if applicable)***	**Results**

ALCOHOL Age first used: _____ Date last used: _____

How often did you drink in the past? _____ How much? _____

How often do you currently drink? _____ How much? _____

TOBACCO Age first used: _____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

MARIJUANA Age first used: _____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

METHAMPHETAMINES Age first used: _____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

COCAINE Age first used:_____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

HEROIN Age first used: _____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

HALLUCINOGENS Age first used: _____ Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

OTHER STREET DRUGS Name of drug(s): _____

Age first used: _____Date last used: _____

How often did you use in the past? _____ How much? _____

How often do you currently use? _____ How much? _____

13. Substance Abuse Questions:

Describe when and where you typically use substances: _____

_____

Describe any changes in your use patterns: _____

_____

Reason(s) for use:

____ Addiction ____ Build confidence ____ Escape ____ Self-medication

____ Socialization ____ Taste ____ Other (specify): _____

How do you believe your substance use affects your life? _____

_____

Who or what has helped you in stopping or limiting your use? _____

_____

Does or has someone in your family have a problem with drugs or alcohol?

____ Yes ____ No If Yes, describe: _____

Have you had withdrawal symptoms when trying to stop using drugs or alcohol?

____ Yes ____ No If Yes, describe: _____

Have you had adverse reactions or overdose to drugs or alcohol? (describe): _____

_____

Any additional information that would assist us in understanding your concerns or problems: _____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____